

# Central Coast Division Junior Rugby League

## Rules and Policies

Below is an outline of Rules and Policies aimed at making a day at Junior Rugby League a more enjoyable experience for all involved and an event that is smoothly run for all.

### Coaches

- ❖ Coaches must not yell instructions from the bench. Use your LST's to give instructions when they administer water. If this is your style of coaching you will be required to stand behind the restricted area of the field. However, once you have made the decision to coach in this style you must remain behind the restricted area for the entire match.
- ❖ All Coaches must also have an Official Identification Card displayed for the Ground Manager as per CCDJRL rules.

### Team Managers

- ❖ All Team Managers are bound by the exact same boundaries as the Coach in relation to the reserves bench.
- ❖ Team Managers must also have an Official Identification Card to be eligible to sit at the reserves bench.
- ❖ Team Managers must ensure that their team is signed on by half time of the preceding match and sighted by an opposition official. You must also respond in same for your opposition.
- ❖ Team Managers will ensure that his team has a Timekeeper and a Touch Judge for the game. (touch judges must be 2 years older than the age of players competing and MUST be wearing enclosed footwear, NO THONGS)
- ❖ Team Managers must assist the Ground Manger in keeping control of unruly spectators and officials upon request.
- ❖ Team Managers must also have an Official Identification Card displayed for the Ground Manager as per CCDJRL rules.

### Tee Runners

- ❖ Simply, a Tee Runner is one of your Leaguesafe personnel.
- ❖ Anyone who runs onto the field must be an accredited Leaguesafe. ***Therefore children under the age of fourteen years cannot run the Tee*** and only 2 Leaguesafe are permitted to enter the field of play.

### The Reserves Bench

- ❖ The Reserves Bench is a restricted area
- ❖ It is for players who are ***participating*** in the current match being played.
- ❖ It is NOT for players who, although a member of the team are not competing in the current game.
- ❖ The Reserves bench will only contain
  - a) Reserves,
  - b) One coach (except where an Accredited Assistant Coach has been indicated on the Grading Sheet)
  - c) One Manager
  - d) Two League Safe Trainers
  - e) A Sports Trainer of either Level 1 or Level 2

# FIRST AID OFFICERS AND LEAGUESAFE PERSONNEL NATIONAL RUGBY LEAGUE

## Sports Trainers Scheme

### a) On-Field Policy

(i) All official personnel over the age of (14) years who enter the field of play, must possess a minimum of an NRL Leaguesafe Certificate of Completion or; an Accredited Sports Trainer Statement of Attainment and an NRL ID Number.

**The NRL accredited sports trainers (ORANGE AND BLUE SHIRT) are the only on- field personnel who are to administer first aid and manage and assist an injured or ill player**

The Accredited NRL Sports Trainer shall have the final say on whether a player should continue in the game and when to resume playing in the game.

***If an Accredited NRL Sports Trainer (Level 1 or Level 2) is not in attendance, the game(s) shall not commence under any circumstances until such person is available***

## Accredited NRL Leaguesafe

## Yellow Shirt

(Minimum qualification to enter the field of play)

### Access To The Field Of Play

- when his/her team is in possession to conduct interchange and to administer water only
- when a try has been scored
- during a “time out” called by the Referee for an injury
- during technical stoppages in play (EXCEPT SCRUMS).

On-field personnel ARE NOT allowed on the field of play after the Referee has ordered a scrum until the ball has emerged and a team is in possession

- must enter and leave the field of play from an on-side position
- must not walk the sideline
- must not yell instructions from the bench

### Duties

- to administer water
- to assist in the interchange process
- to convey messages

No more than two LEAGUESAFE personnel from any one team can enter the field of play, unless invited by the Referee to do so.

### Special Conditions

If an Accredited NRL Sports Trainer is busy attending a player, the Leaguesafe on-field person may assist an injured / ill player under the guidelines of leaguesafe training until a person of higher training arrives. The Leaguesafe person must report all incidents to the Accredited NRL Sports Trainer.